Every year, electrical wiring violations make OSHA’s Top Ten List. One of the most common violations is the misuse of extension cords.

**Do:**
- Inspect extension cords before each use
- Discard cords that are cut, frayed, damaged or have missing ground plugs, exposed wires or are wrapped with any kind of tape (duct tape, electrical tape, etc.)
- Use extension cords only for temporary power needs
- Use cords with three prongs
- Use ground fault circuit interrupter (GFCI) protectors, especially outdoors and for maintenance projects
- Remove cords when the job is finished
- Disconnect cords at the plug rather than by pulling on the cord
- Prevent cord damage by putting cable protectors over any cord that crosses a walkway
- To prevent pinching, coil cords properly and not by wrapping them around your arm

**Do not:**
- Run cords through doorways, ceilings, walls, windows or any other opening
- Do not conceal cords in walls or floors
- Snake cords around sharp corners
- Use extension cords in place of permanent wiring
- Put carpeting, cardboard or anything other than a cable protector over an extension cord
- Connect two extension cords
- Use cords longer than 100 feet
- Remove the grounding prong on the plug
- Wrap duct tape or electrical tape on a damaged cord
- Use staples or nails to secure an extension cord
- Roll carts or vehicles over unprotected cords

**OUR SITE SPECIFIC REQUIREMENTS/PROCEDURES ▼**

Continue employee participants on back if needed ▼