



BLOODBORNE PATHOGENS ▼

29 CFR 1910.1030

Before providing first aid or assisting someone who is injured, ensure your own safety by following these universal precautions to protect yourself from bloodborne pathogens:

- Check the area for hazards before responding
- Treat all bodily fluids as if they are infectious
- Wear disposable gloves, face shields, masks, aprons and other barrier devices to prevent contact
- Have the victim bandage their own wounds, if they are able
- Don't pick up sharp objects with your hands as they could puncture your gloves and skin
- Clean and disinfect the affected area with a solution of 10 parts water to one part bleach, or another appropriate disinfecting solution
- Remove gloves and other protective equipment in a manner that prevents exposure
- Place all contaminated items in appropriately marked bags or containers
- Thoroughly wash any part of your body that may have been exposed to a bodily fluid with soap and water
- Report any exposure or unprotected contact with potentially infectious bodily fluids to your employer so that medical follow-up can be made
- Disinfect cleaning equipment to prevent spreading viruses to other areas of the facility



Discussion Date: _____

Employee Participants:

Continue employee participants on back if needed ►

OUR SITE SPECIFIC REQUIREMENTS/PROCEDURES ▼