GRAM WEIGHT vs MIL THICKNESS

Not all glove manufacturers use the same unit of measurement to specify the thickness of their products. Use this chart to convert gram weight to mil thickness, and vice versa, for easy comparison across glove brands.

| GRAM WEIGHT | MIL THICKNESS |
|-------------|---------------|
| 3.5 | 3-4 |
| 4 | 3-4 |
| 4.5 | 3-4 |
| 5 | 4-5 |
| 5.5 | 4-5 |
| 6 | 6-7 |
| 6.5 | 6-7 |



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